

Publicly Funded Physiotherapy

- Only a handful of clinics offer this service (see list of clinics in Ottawa)
- Patient must meet criteria (65+, 19 or younger, rec'ing ODSP or ON works, overnight in hospital...) **AND** must have referral from physician or NP for each episode of care.
- If the patient meets criteria above, they will be 100% covered for treatment until the physio is no longer needed (can do exercises on own, etc.) This is up to the physio therapist to decide.
- This is no limit to the amount of sessions needed, but it is not unlimited (Physiotherapist decides when it is no longer needed for each case).
- Patient can have recurrence and be eligible for coverage, even if it is the same injury. But they will need a new referral.
- All clinics are limited to the number of Patients that can be covered each month (approx. 20?) Unfortunately this means for most clinics there is a long wait list (Pro physio & Sports on Carling ave. is booking for Sept 2014).
- Some clinics may be limited to the type of patients accepted (The Sports therapy clinic only accepts sports injury Pts, etc.)
- The Ottawa & District Clinic on Mcleod St. specializes in geriatrics and children. They are new, just got approved and therefore don't have wait list YET and they would appreciate our referrals!
- There are approx. 10 + more clinics right now awaiting approval in Ottawa for this, so hopefully there will be many more options and shorter wait times soon!

Publicly Funded Physiotherapy Services

To be eligible for physiotherapy services funded at a Community Physiotherapy Clinic, a patient must, for each episode of care: have a physician's or nurse practitioner referral for physiotherapy services **and** fall within one of the following categories:

- 19 years old or younger
- 65 years old or older
- Are receiving benefits under the Ontario Disability Support Program or Ontario Works
- Have been overnight in a hospital for a condition that now requires physiotherapy treatment.

Designated Physiotherapy Clinics in Ottawa:

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| The Sports Therapy Clinic, Carleton University | 1125 Colonel By Drive | Ottawa | 613-520-3511 |
| Pro Physio & Sports Medicine Centres, | 2121 Carling Avenue Unit 12 | Ottawa | 613-747-8787 |
| Ottawa & District Clinic, | 231 McLeod Street | Ottawa | 613-233-1235 |
| Orleans Family Physiotherapy Centre | 3885 Innes Road, Unit A | Ottawa | 613-837-8600 |
| Cornwall Physiotherapy Clinic | 17373 South Branch Road | Cornwall | 613-932-2447 |

References:

Ontario Physiotherapy Association: www.opa.on.ca

Ontario Ministry of Health and Long Term Care: www.health.gov.on.ca

Although all clinics are required to follow guidelines, restrictions may apply. Please contact individual clinics for more information. Wait times may vary